

Healing a fearful heart

Jesus, The Great Physician

Sermon Discussion Guide for the week of May 20, 2015

Main Point: Healthy faith in Jesus is stronger than any fear

Luke 8:22-25

CONNECT

What was your biggest fear as a child?

Have you ever been in an emergency situation where you needed rescuing? What was it like? How were you rescued?

Have you ever rescued someone? What was that experience like?

LEARN

Have a volunteer read **Luke 8:22-25**.

What are the notable differences between how the disciples' reacted toward the storm and how Jesus reacted?

Have a volunteer read **Psalm 46: 3**

How is this Psalm different than how the disciples responded to the storm? Why do you think the disciples reacted with fear?

Jesus calms the wind and the waves with a word. Why do you think he calms the storm?

Why was it so amazing to the disciples that the wind and waves obeyed Jesus? How did they feel when they saw Him perform this astonishing miracle? Why do you think they were afraid?

Why did Jesus seem to be disappointed with the disciples?

How would you define focus?

Do you find it easy to focus on Jesus during stressful or fearful circumstances? Why or why not?

How would you define confidence? What do you think people place their confidence in?

SERVE

What circumstances are causing fear or a lack of confidence in your life right now?

The God of the universe cares about your daily circumstances, how can we invite Jesus into our daily lives?

What are some practical actions we can take to make sure our focus remains on Jesus?

PRAYER



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Spend time asking God for peace in any areas of fear or circumstances that came up during the conversation. Thank God for his peace and authority over our lives.



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