Love Handles – Marriage Hacks
Sermon Discussion Guide for the week of June 18th, 2017
Primary Scriptures: Ephesians 5

Relationships
As you begin the study portion of your gathering ask one (or more) of these questions to help your group focus their attention.

Do you think you could survive if you had to grow your own food? Why or why not?

People say that “love is blind.” Why do you think they make this statement?

If someone asked your spouse what is one thing they would change about you, what would they say?

Scripture
Have a volunteer read Ephesians 5:21
What does mutual submission look like?

Why would you give up your wants and dreams for another?

How can we practically sacrifice for the benefit of someone we love?

Why do you think so many people focus on verse 22 and ignore verse 21?

In what ways does your relationship with your spouse describe your relationship with Jesus?

Have a volunteer read Ephesians 5:33
This verse commands husbands to love their wives and wives to respect their husbands. Why do you think it says “must”?

How do you feel about being commanded to love or respect your spouse?

Why do you think wives are commanded to respect and husbands are commanded to love?

How would you respond to someone who says their spouse doesn’t deserve their love or respect?

Mission
Have a volunteer read Galatians 6:7
How does this verse apply to relationships?

How have you seen the principle of sowing and reaping have negative effects on people?
How have you seen this principle have a positive effect in your life?

**Development**
Cam referred to the *Five Love Languages* which of these is your top language?

- Encouraging Words
- Quality Time
- Gift Giving
- Acts of Service
- Physical Touch

How does understanding others love language help you love others better?

How does understanding your own love language help you love others better?

**Pray**